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The Second Moment

You don't have to believe in God but you should believe in The Book.
— Paul Erdős

4.1 BASICS

After the expectation the most vital statistic for a random variable X is the *variance*. We denote it $\text{Var}[X]$. It is defined by

$$\text{Var}[X] = E[(X - E[X])^2]$$

and measures how spread out X is from its expectation. We shall generally, following standard practice, let μ denote expectation and σ^2 denote variance. The positive square root σ of the variance is called the *standard deviation*. With this notation, here is our basic tool.

Theorem 4.1.1 [Chebyshev's Inequality] For any positive λ ,

$$\Pr[|X - \mu| \geq \lambda\sigma] \leq \frac{1}{\lambda^2}.$$

Proof. $\sigma^2 = \text{Var}[X] = E[(X - \mu)^2] \geq \lambda^2 \sigma^2 \Pr[|X - \mu| \geq \lambda\sigma].$ ■

The use of Chebyshev's Inequality is called the *second moment method*. Chebyshev's Inequality is most possible when no additional restrictions are placed on X as X may be $\mu + \lambda\sigma$ and $\mu - \lambda\sigma$ with probability $1/2\lambda^2$ and otherwise μ . Note, however, that when X is a normal distribution with mean μ and standard deviation σ then

$$\Pr [|X - \mu| \geq \lambda\sigma] = 2 \int_{\lambda}^{\infty} \frac{1}{\sqrt{2\pi}} e^{-t^2/2} dt$$

and for λ large this quantity is asymptotically $\sqrt{2/\pi} e^{-\lambda^2/2}/\lambda$, which is significantly smaller than $1/\lambda^2$. In Chapters 7 and 8 we shall see examples where X is the sum of "nearly independent" random variables and these better bounds can apply.

Suppose we have a decomposition

$$X = X_1 + \dots + X_m.$$

Then $\text{Var} [X]$ may be computed by the formula

$$\text{Var} [X] = \sum_{i=1}^m \text{Var} [X_i] + \sum_{i \neq j} \text{Cov} [X_i, X_j].$$

Here the second sum is over ordered pairs and the *covariance* $\text{Cov} [Y, Z]$ is defined by

$$\text{Cov} [Y, Z] = E [YZ] - E [Y] E [Z].$$

In general, if Y, Z are independent then $\text{Cov} [Y, Z] = 0$. This often simplifies variance calculations considerably. Now suppose further, as will generally be the case in our applications, that the X_i are indicator random variables; that is, $X_i = 1$ if a certain event A_i holds and otherwise $X_i = 0$. If X_i is one with probability $p_i = \Pr [A_i]$ then

$$\text{Var} [X_i] = p_i(1 - p_i) \leq p_i = E [X_i],$$

and so

$$\text{Var} [X] \leq E [X] + \sum_{i \neq j} \text{Cov} [X_i, X_j].$$

4.2 NUMBER THEORY

The second moment method is an effective tool in number theory. Let $\nu(n)$ denote the number of primes p dividing n . (We do not count multiplicity though it would make little difference.) The following result says, roughly, that "almost all" n have "very close to" $\ln \ln n$ prime factors. This was first shown by Hardy and Ramanujan in 1920 by a quite complicated argument. We give a remarkably simple proof of Turán (1934), a proof that played a key role in the development of probabilistic methods in number theory.

Theorem 4.2.1 Let $\omega(n) \rightarrow \infty$ arbitrarily slowly. Then the number of x in $\{1, \dots, n\}$ such that

$$|\nu(x) - \ln \ln n| > \omega(n) \sqrt{\ln \ln n}$$

is $o(n)$.

Proof. Let x be randomly chosen from $\{1, \dots, n\}$. For p prime set

$$X_p = \begin{cases} 1 & \text{if } p|x, \\ 0 & \text{otherwise.} \end{cases}$$

Set $M = n^{1/10}$ and set $X = \sum_{p \leq M} X_p$, the summation over all primes $p \leq M$. As no $x \leq n$ can have more than ten prime factors larger than M we have $\nu(x) - 10 \leq X(x) \leq \nu(x)$ so that large deviation bounds on X will translate into asymptotically similar bounds for ν . [Here 10 could be any (large) constant.] Now

$$E [X_p] = \frac{\lfloor n/p \rfloor}{n}.$$

$$\text{As } y - 1 < \lfloor y \rfloor \leq y, \quad E [X_p] = 1/p + O(1/n).$$

By linearity of expectation,

$$E [X] = \sum_{p \leq M} \left(\frac{1}{p} + O\left(\frac{1}{n}\right) \right) = \ln \ln n + O(1),$$

where here we used the well-known fact that $\sum_{p \leq x} (1/p) = \ln \ln x + O(1)$, which can be proved by combining Stirling's formula with Abel summation.

Now we find an asymptotic expression for

$$\text{Var} [X] = \sum_{p \leq M} \text{Var} [X_p] + \sum_{p \neq q} \text{Cov} [X_p, X_q].$$

$$\text{As } \text{Var} [X_p] = (1/p)(1 - 1/p) + O(1/n),$$

$$\sum_{p \leq M} \text{Var} [X_p] = \left(\sum_{p \leq M} \frac{1}{p} \right) + O(1) = \ln \ln n + O(1).$$

With p, q distinct primes, $X_p X_q = 1$ if and only if $p|x$ and $q|x$, which occurs if and only if $pq|x$. Hence

$$\begin{aligned} \text{Cov} [X_p, X_q] &= E [X_p X_q] - E [X_p] E [X_q] \\ &= \frac{\lfloor n/pq \rfloor}{n} - \frac{\lfloor n/p \rfloor}{n} \frac{\lfloor n/q \rfloor}{n} \\ &\leq \frac{1}{pq} - \left(\frac{1}{p} - \frac{1}{n} \right) \left(\frac{1}{q} - \frac{1}{n} \right) \\ &\leq \frac{1}{n} \left(\frac{1}{p} + \frac{1}{q} \right). \end{aligned}$$

Thus
$$\sum_{p \neq q} \text{Cov} [X_p, X_q] \leq \frac{1}{n} \sum_{p \neq q} \left(\frac{1}{p} + \frac{1}{q} \right) \leq \frac{2M}{n} \sum_{p \neq q} \frac{1}{p}.$$

Thus
$$\sum_{p \neq q} \text{Cov} [X_p, X_q] \leq O(n^{-9/10} \ln \ln n) = o(1),$$

and similarly
$$\sum_{p \neq q} \text{Cov} [X_p, X_q] \geq -o(1).$$

That is, the covariances do not affect the variance, $\text{Var} [X] = \ln \ln n + O(1)$ and Chebyshev's Inequality actually gives

$$\Pr [|X - \ln \ln n| > \lambda \sqrt{\ln \ln n}] < \lambda^{-2} + o(1)$$

for any constant $\lambda > 0$. As $|X - \nu| \leq 10$ the same holds for ν . ■

In a classic paper Erdős and Kac (1940) showed, essentially, that ν does behave like a normal distribution with mean and variance $\ln \ln n$. Here is their precise result.

Theorem 4.2.2 *Let λ be fixed, positive, negative or zero. Then*

$$\lim_{n \rightarrow \infty} \frac{1}{n} \left| \left\{ x : 1 \leq x \leq n, \nu(x) \geq \ln \ln n + \lambda \sqrt{\ln \ln n} \right\} \right| = \int_{\lambda}^{\infty} \frac{1}{\sqrt{2\pi}} e^{-t^2/2} dt.$$

Proof. We outline the argument, emphasizing the similarities to Turán's proof. Fix a function $s(n)$ with $s(n) \rightarrow \infty$ and $s(n) = o((\ln \ln n)^{1/2})$ — for example, $s(n) = \ln \ln n$. Set $M = n^{1/s(n)}$. Set $X = \sum X_p$, the summation over all primes $p \leq M$. As no $x \leq n$ can have more than $s(n)$ prime factors greater than M we have $\nu(x) - s(n) \leq X(x) \leq \nu(x)$ so that it suffices to show Theorem 4.2.2 with ν replaced by X . Let Y_p be independent random variables with $\Pr [Y_p = 1] = 1/p$, $\Pr [Y_p = 0] = 1 - 1/p$ and set $Y = \sum Y_p$, the summation over all primes $p \leq M$. This Y represents an idealized version of X . Set

$$\mu = E [Y] = \sum_{p \leq M} \frac{1}{p} = \ln \ln n + o((\ln \ln n)^{1/2})$$

$$\sigma^2 = \text{Var} [Y] = \sum_{p \leq M} \frac{1}{p} \left(1 - \frac{1}{p} \right) \sim \ln \ln n$$

and define the normalized $\tilde{Y} = (Y - \mu)/\sigma$. From the Central Limit Theorem \tilde{Y} approaches the standard normal N and $E [\tilde{Y}^k] \rightarrow E [N^k]$ for every positive integer k . Set $\tilde{X} = (X - \mu)/\sigma$. We compare \tilde{X}, \tilde{Y} .

For any distinct primes $p_1, \dots, p_s \leq M$,

$$E [X_{p_1} \cdots X_{p_s}] - E [Y_{p_1} \cdots Y_{p_s}] = \frac{1}{n} \left[\frac{n}{p_1 \cdots p_s} \right] - \frac{1}{p_1 \cdots p_s} = O\left(\frac{1}{n}\right).$$

We let k be an arbitrary fixed positive integer and compare $E [\tilde{X}^k]$ and $E [\tilde{Y}^k]$. Expanding, \tilde{X}^k is a polynomial in X with coefficients $n^{o(1)}$. Further expanding each $X^j = (\sum X_p)^j$ — always reducing X_p^a to X_p when $a \geq 2$ — gives the sum of $O(M^k) = n^{o(1)}$ terms of the form $X_{p_1} \cdots X_{p_s}$. The same expansion applies to \tilde{Y} . As the corresponding terms have expectations within $O(1/n)$ the total difference

$$E [\tilde{X}^k] - E [\tilde{Y}^k] = n^{-1+o(1)} = o(1).$$

Hence each moment of \tilde{X} approaches that of the standard normal N . A standard, though nontrivial, theorem in probability theory gives that \tilde{X} must therefore approach N in distribution. ■

We recall the famous quotation of G. H. Hardy:

317 is a prime, not because we think so, or because our minds are shaped in one way rather than another, but *because it is so*, because mathematical reality is built that way.

How ironic — though not contradictory — that the methods of probability theory can lead to a greater understanding of the prime factorization of integers. Additional results applying information about the moments of a distribution in order to determine it appear in Chapter 8; see also Billingsley (1995).

4.3 MORE BASICS

Let X be a nonnegative integral valued random variable and suppose we want to bound $\Pr [X = 0]$ given the value $\mu = E [X]$. If $\mu < 1$ we may use the inequality

$$\Pr [X > 0] \leq E [X]$$

so that if $E [X] \rightarrow 0$ then $X = 0$ almost always. (Here we are imagining an infinite sequence of X dependent on some parameter n going to infinity.) But now suppose $E [X] \rightarrow \infty$. It does *not* necessarily follow that $X > 0$ almost always. For example, let X be the number of deaths due to nuclear war in the twelve months after reading this paragraph. Calculation of $E [X]$ can make for lively debate but few would deny that it is quite large. Yet we may believe — or hope — that $\Pr [X \neq 0]$ is very close to zero. We can sometimes deduce $X > 0$ almost always if we have further information about $\text{Var} [X]$.

Theorem 4.3.1 $\Pr [X = 0] \leq \frac{\text{Var} [X]}{E [X]^2}$.

Proof. Set $\lambda = \mu/\sigma$ in Chebyshev's Inequality. Then

$$\Pr[X = 0] \leq \Pr[|X - \mu| \geq \lambda\sigma] \leq \frac{1}{\lambda^2} = \frac{\sigma^2}{\mu^2}.$$

We generally apply this result in asymptotic terms.

Corollary 4.3.2 If $\text{Var}[X] = o(E[X]^2)$ then $X > 0$ almost always.

The proof of Theorem 4.3.1 actually gives that, for any $\epsilon > 0$,

$$\Pr[|X - E[X]| \geq \epsilon E[X]] \leq \frac{\text{Var}[X]}{\epsilon^2 E[X]^2}$$

and thus in asymptotic terms we actually have the following stronger assertion.

Corollary 4.3.3 If $\text{Var}[X] = o(E[X]^2)$ then $X \sim E[X]$ almost always.

Suppose again $X = X_1 + \dots + X_m$, where X_i is the indicator random variable for event A_i . For indices i, j write $i \sim j$ if $i \neq j$ and the events A_i, A_j are not independent. We set (the sum is over ordered pairs)

$$\Delta = \sum_{i \sim j} \Pr[A_i \wedge A_j].$$

Note that when $i \sim j$,

$$\text{Cov}[X_i, X_j] = E[X_i X_j] - E[X_i]E[X_j] \leq E[X_i X_j] = \Pr[A_i \wedge A_j]$$

and that when $i \neq j$ and not $i \sim j$ then $\text{Cov}[X_i, X_j] = 0$. Thus

$$\text{Var}[X] \leq E[X] + \Delta.$$

Corollary 4.3.4 If $E[X] \rightarrow \infty$ and $\Delta = o(E[X]^2)$ then $X > 0$ almost always. Furthermore $X \sim E[X]$ almost always.

Let us say X_1, \dots, X_m are symmetric if for every $i \neq j$ there is a measure preserving mapping of the underlying probability space that sends event A_i to event A_j . Examples will appear in the next section. In this instance we write

$$\Delta = \sum_{i \sim j} \Pr[A_i \wedge A_j] = \sum_i \Pr[A_i] \sum_{j \sim i} \Pr[A_j | A_i]$$

and note that the inner summation is independent of i . We set

$$\Delta^* = \sum_{j \sim i} \Pr[A_j | A_i],$$

where i is any fixed index. Then

$$\Delta = \sum_i \Pr[A_i] \Delta^* = \Delta^* \sum_i \Pr[A_i] = \Delta^* E[X].$$

Corollary 4.3.5 If $E[X] \rightarrow \infty$ and $\Delta^* = o(E[X])$ then $X > 0$ almost always. Furthermore $X \sim E[X]$ almost always.

The condition of Corollary 4.3.5 has the intuitive sense that conditioning on any specific A_i holding does not substantially increase the expected number $E[X]$ of events holding.

4.4 RANDOM GRAPHS

The random graph $G(n, p)$ is, informally, the graph on n labeled vertices, obtained by selecting each pair of vertices to be an edge, randomly and independently, with probability p . A property of graphs is a family of graphs closed under isomorphism. A function $r(n)$ is a *threshold function* for some property P , if whenever $p = r(n) \ll r(n)$ then $G(n, p)$ does not satisfy P almost always, and whenever $p \gg r(n)$ then $G(n, p)$ satisfies P almost always. For more precise definitions of the random graph $G(n, p)$ and of threshold functions, see Section 10.1.

The results of this section are generally surpassed by those of Chapter 10 but they were historically the first results and provide a good illustration of the second moment. We begin with a particular example. By $\omega(G)$ we denote here and in the rest of the book the number of vertices in the maximum clique of the graph G .

Theorem 4.4.1 The property $\omega(G) \geq 4$ has threshold function $n^{-2/3}$.

Proof. For every 4-set S of vertices in $G(n, p)$ let A_S be the event “ S is a clique” and X_S its indicator random variable. Then

$$E[X_S] = \Pr[A_S] = p^6$$

as six different edges must all lie in $G(n, p)$. Set

$$X = \sum_{|S|=4} X_S$$

so that X is the number of 4-cliques in G and $\omega(G) \geq 4$ if and only if $X > 0$. Linearity of expectation gives

$$E[X] = \sum_{|S|=4} E[X_S] = \binom{n}{4} p^6 \sim \frac{n^4 p^6}{24}.$$

When $p(n) \ll n^{-2/3}$, $E[X] = o(1)$ and so $X = 0$ almost surely.

Now suppose $p(n) \gg n^{-2/3}$ so that $E[X] \rightarrow \infty$ and consider the Δ^* of Corollary 4.3.5. (All 4-sets "look the same" so that the X_S are symmetric.) Here $S \sim T$ if and only if $S \neq T$ and S, T have common edges; that is, if and only if $|S \cap T| = 2$ or 3 . Fix S . There are $O(n^2)$ sets T with $|S \cap T| = 2$ and for each of these $\Pr[A_T | A_S] = p^5$. There are $O(n)$ sets T with $|S \cap T| = 3$ and for each of these $\Pr[A_T | A_S] = p^3$. Thus

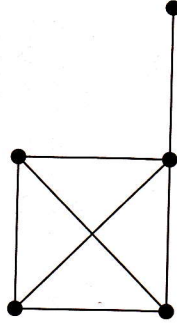
$$\Delta^* = O(n^2 p^5) + O(np^3) = o(n^4 p^6) = o(E[X])$$

since $p \gg n^{-2/3}$. Corollary 4.3.5 therefore applies and $X > 0$; that is, there does exist a clique of size 4, almost always. ■

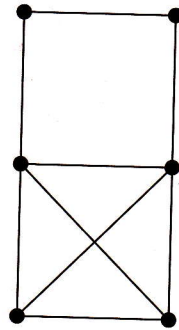
The proof of Theorem 4.4.1 appears to require a fortuitous calculation of Δ^* . The following definitions pave the way for the more general Theorem 4.4.2.

Definition 1 Let H be a graph with v vertices and e edges. We call $\rho(H) = e/v$ the density of H . We call H balanced if every subgraph H' has $\rho(H') \leq \rho(H)$. We call H strictly balanced if every proper subgraph H' has $\rho(H') < \rho(H)$.

Examples. K_4 and, in general, K_k are strictly balanced. The graph



is not balanced as it has density $7/5$ while the subgraph K_4 has density $3/2$. The graph



is balanced but not strictly balanced as it and its subgraph K_4 have density $3/2$.

Theorem 4.4.2 Let H be a balanced graph with v vertices and e edges. Let $A(G)$ be the event that H is a subgraph (not necessarily induced) of G . Then $p = n^{-v/e}$ is the threshold function for A .

Proof. We follow the argument of Theorem 4.4.1. For each v -set S let A_S be the event that $G|_S$ contains H as a subgraph. Then

$$p^e \leq \Pr[A_S] \leq v! p^e.$$

(Any particular placement of H has probability p^e of occurring and there are at most $v!$ possible placements. The precise calculation of $\Pr[A_S]$ is, in general, complicated due to the overlapping of potential copies of H .) Let X_S be the indicator random variable for A_S and

$$X = \sum_{|S|=v} X_S$$

so that A holds if and only if $X > 0$. Linearity of expectation gives

$$E[X] = \sum_{|S|=v} E[X_S] = \binom{n}{v} \Pr[A_S] = \Theta(n^v p^e).$$

If $p \ll n^{-v/e}$ then $E[X] = o(1)$, so $X = 0$ almost always.

Now assume $p \gg n^{-v/e}$ so that $E[X] \rightarrow \infty$ and consider the Δ^* of Corollary 4.3.5. (All v -sets look the same so the X_S are symmetric.) Here $S \sim T$ if and only if $S \neq T$ and S, T have common edges; that is, if and only if $|S \cap T| = i$ with $2 \leq i \leq v-1$. Let S be fixed. We split

$$\Delta^* = \sum_{T \sim S} \Pr[A_T | A_S] = \sum_{i=2}^{v-1} \sum_{|T \cap S|=i} \Pr[A_T | A_S].$$

For each i there are $O(n^{v-i})$ choices of T . Fix S, T and consider $\Pr[A_T | A_S]$. There are $O(1)$ possible copies of H on T . Each has — since, critically, H is balanced — at most ie/v edges with both vertices in S and thus at least $e - (ie/v)$ other edges. Hence

$$\Pr[A_T | A_S] = O(p^{e-(ie/v)})$$

and

$$\begin{aligned} \Delta^* &= \sum_{i=2}^{v-1} O(n^{v-i} p^{e-(ie/v)}) \\ &= \sum_{i=2}^{v-1} O((n^v p^e)^{1-i/v}) \\ &= \sum_{i=2}^{v-1} o(n^v p^e) \\ &= o(E[X]) \end{aligned}$$

since $n^v p^e \rightarrow \infty$. Hence Corollary 4.3.5 applies. ■

Theorem 4.4.3 In the notation of Theorem 4.4.2 if H is not balanced then $p = n^{-v/e}$ is not the threshold function for A .

Proof. Let H_1 be a subgraph of H with v_1 vertices, e_1 edges and $e_1/v_1 > e/v$. Let α satisfy $v_1/e_1 < \alpha < v/e$ and set $p = n^{-\alpha}$. The expected number of copies of H_1

is then $o(1)$ so almost always $G(n, p)$ contains no copy of H_1 . But if it contains no copy of H_1 then it surely can contain no copy of H . ■

The threshold function for the property of containing a copy of H , for general H , was examined in the original papers of Erdős and Rényi (1960). It still provides an excellent introduction to the theory of random graphs. Let H_1 be that subgraph with maximal density $\rho(H_1) = e_1/v_1$. (When H is balanced we may take $H_1 = H$.) They showed that $p = n^{-v_1/e_1}$ is the threshold function. We do not show this here though it follows fairly straightforwardly from these methods.

We finish this section with two strengthenings of Theorem 4.4.2.

Theorem 4.4.4 *Let H be strictly balanced with v vertices, e edges and a automorphism σ . Let X be the number of copies of H in $G(n, p)$. Assume $p \gg n^{-v/e}$. Then almost always*

$$X \sim \frac{n^v p^e}{a}$$

Proof. Label the vertices of H by $1, \dots, v$. For each ordered x_1, \dots, x_v let A_{x_1, \dots, x_v} be the event that x_1, \dots, x_v provides a copy of H in that order. Specifically we define

$$A_{x_1, \dots, x_v} : \{i, j\} \in E(H) \Rightarrow \{x_i, x_j\} \in E(G).$$

We let I_{x_1, \dots, x_v} be the corresponding indicator random variable. We define an equivalence class on v -tuples by setting $(x_1, \dots, x_v) \equiv (y_1, \dots, y_v)$ if there is an automorphism σ of $V(H)$ so that $y_{\sigma(i)} = x_i$ for $1 \leq i \leq v$. Then

$$X = \sum I_{x_1, \dots, x_v}$$

gives the number of copies of H in G where the sum is taken over one entry from each equivalence class. As there are $(n)_v/a$ terms,

$$E[X] = \frac{(n)_v}{a} E[I_{x_1, \dots, x_v}] = \frac{(n)_v p^e}{a} \sim \frac{n^v p^e}{a}.$$

Our assumption $p \gg n^{-v/e}$ implies $E[X] \rightarrow \infty$. It suffices therefore to show $\Delta^* = o(E[X])$. Fixing x_1, \dots, x_v ,

$$\Delta^* = \sum_{(y_1, \dots, y_v) \sim (x_1, \dots, x_v)} \Pr [A_{(y_1, \dots, y_v)} \mid A_{(x_1, \dots, x_v)}].$$

There are $v!/a = O(1)$ terms with $\{y_1, \dots, y_v\} = \{x_1, \dots, x_v\}$ and for each the conditional probability is at most 1 (actually, at most p), thus contributing $O(1) = o(E[X])$ to Δ^* . When $\{y_1, \dots, y_v\} \cap \{x_1, \dots, x_v\}$ has i elements, $2 \leq i \leq v-1$ the argument of Theorem 4.4.2 gives that the contribution to Δ^* is $o(E[X])$. Altogether $\Delta^* = o(E[X])$ and we apply Corollary 4.3.5. ■

Theorem 4.4.5 *Let H be any fixed graph. For every subgraph H' of H (including H itself) let X_H denote the number of copies of H' in $G(n, p)$. Assume p is such that $E[X_H] \rightarrow \infty$ for every H' . Then*

$$X_H \sim E[X_H]$$

almost always.

Proof. Let H have v vertices and e edges. As in Theorem 4.4.4 it suffices to show $\Delta^* = o(E[X])$. We split Δ^* into a finite number of terms. For each H' with w vertices and f edges we have those (y_1, \dots, y_w) that overlap with the fixed (x_1, \dots, x_v) in a copy of H' . These terms contribute, up to constants,

$$n^{v-w} p^{e-f} = \Theta \left(\frac{E[X_H]}{E[X_{H'}]} \right) = o(E[X_H])$$

to Δ^* . Hence Corollary 4.3.5 does apply. ■

4.5 CLIQUE NUMBER

Now we fix edge probability $p = \frac{1}{2}$ and consider the clique number $\omega(G)$. We set

$$f(k) = \binom{n}{k} 2^{-\binom{k}{2}},$$

the expected number of k -cliques. The function $f(k)$ drops under one at $k \sim 2 \log_2 n$. (Very roughly, $f(k)$ is like $n^{k^2 - k^2/2}$.)

Theorem 4.5.1 *Let $k = k(n)$ satisfy $k \sim 2 \log_2 n$ and $f(k) \rightarrow \infty$. Then almost always $\omega(G) \geq k$.*

Proof. For each k -set S let A_S be the event “ S is a clique” and X_S the corresponding indicator random variable. We set

$$X = \sum_{|S|=k} X_S$$

so that $\omega(G) \geq k$ if and only if $X > 0$. Then $E[X] = f(k) \rightarrow \infty$ and we examine the Δ^* of Corollary 4.3.5. Fix S and note that $T \sim S$ if and only if $|T \cap S| = i$, where $2 \leq i \leq k-1$. Hence

$$\Delta^* = \sum_{i=2}^{k-1} \binom{k}{i} \binom{n-k}{k-i} 2^{\binom{i}{2} - \binom{k-i}{2}}$$